

Updated: 25.09.2023

Website: [www.sriurobindoashram.net](http://www.sriurobindoashram.net)

Email: [aurocamps@aurobindoonline.in](mailto:aurocamps@aurobindoonline.in)



Phones: Delhi:(011) 2652-4810

Nainital: 8595249481, 05942 – 235737

**DUSSHERA: 24.10.2023**

**DIWALI: 12.11.2023**

**Sri Aurobindo Lane, Sri Aurobindo Ashram-Delhi Branch  
Yog Gyan Shivirs 2023 ,Autumn ,at Van Niwas, Nainital**

SHIVIR NO.	DATES	SUBJECT	FACILITATOR (S)	LANG.	CAMP ORGANIZER	No.of Persons (Max.66)
GYS 374	21.09.2023 25.09.2023	YOG & REIKI	Rajeev Pahwa, 9425332305	HINDI	ROOPANTAR & SAMAJIK EVAM JANKALYAN SANSTHAN, UJJAIN Menaka Kuril, 9479931885 <a href="mailto:ngo.roopantaran@gmail.com">ngo.roopantaran@gmail.com</a>	26 BOOKED
xxx	29.09.2023 07.10.2023	SOURCING OUR ONENESS	Dr. Anju Khanna Dr. Jayanti	English	SRI AUROBINDO ASHRAM – DELHI BRANCH, TRUST	BOOKED
GYS	08.10.2023 14.10.2023					
GYS	15.10.2023 19.10.2023					
GYS 375	19.10.2023 23.10.2023	INTEGRAL EDUCATION PROGRAM	Manisha Abbasi	English	JESUS & MARY COLLEGE, NEW DELHI	50 BOOKED
GYS	25.10.2023 28.10.2023					
GYS- 376	29.10.2023 04.11.2023			Marathi	Srikrishna Dixit (Pune), 09890331144, <a href="mailto:krish.Dixit19@gmail.com">krish.Dixit19@gmail.com</a>	66 BOOKED
GYS-	05.11.2023 11.11.2023					
GYS-	12.11.2023 16.11.2023					
GYS-	18.11.2023 24.11.2023			Marathi	Sarodiyas,9975574959	BOOKED
GYS	25.11.2023 01.12.2023			Marathi	Saridiyas, 9975574959	BOOKED

**THE SHIVIR SITE:**

\*Van Niwas is an idyllic hilltop retreat at 7,400 ft in a picturesque sylvan setting amid the lush verdure of the Holy Himalaya, far above the pollution and din of the town life.

\* Relics hall, Meditation hall, Library, reading room facilities.

**ACTIVITIES:**

- \* Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother and the powerful vibrations of Sri Aurobindo's relics enshrined in 1989 and benefit from the spellbinding discourses of renowned savants.
- \* Daily Meditation and Yoga, Pranayam and 'keep-fit' sessions.
- \* Join the guided walks and treks through magnificent mountain forests and enchanting scenic splendor.

**For all bookings and information, please contact the Shivar organizer of the particular Shivar only.**

**STAY AT DELHI:** Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch ONLY THROUGH [WEBSITE:www.sriurobindoashram.net/visitors](http://www.sriurobindoashram.net/visitors)

**IMPORTANT (Please note carefully):**

- \* **Please apply only if you are looking for a serious Yog and Gyan Shivar.**
- \* **Limited seats:** Enrolment on "**First Come, First Serve**" basis.
- \* Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.
- \* **People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply.** Any medical expenses will have to be borne by the participants themselves.
- \* **Kindly help in circulating this leaflet widely among genuinely interested people.**
- \* **Please note:** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic drinks and drugs is forbidden during the entire period of the Shivar.

**OTHER SHIVIRS:** We also have youth adventure Shivirs running simultaneously on the same dates for children 12 years and above. They are provided separate dormitory accommodation. We also have Shivirs at the Ashram's other Himalayan Centre "**Madhuban**" at Talla Ramgarh (40km from Nainital and 60km from Kathgodam). You may look up for more details on our [Website: www.sriurobindoashram.net](http://www.sriurobindoashram.net).

*Thy peace, O Lord, a boon within to keep  
Amid the roar and ruin of wild Time  
For the magnificent soul of man on earth  
Thy calm, O Lord, that bears thy hands of joy...*

*-From Savitri by Sri Aurobindo*

**HOW TO APPLY**

Please fill in the form below and attach your donation and forward to the Shivar convenor at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **Shivar number** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start your journey without** receiving a **proper acceptance letter** from us.

**TO WHOM IT MAY CONCERN**

I hereby certify that a sum of Rs..... (Rupees .....) was paid to Sri Aurobindo Ashram – Delhi Branch. Sri Aurobindo Marg, New Delhi – 110016 by cash / e-transfer / cheque no ..... Dated ..... on ..... Bank, on account of donation. I further state that I am assessed to income tax and my permanent account no. (PAN)

is.....Name.....

Address.....PIN .....E-mail Id

.....Tel/Mobile .....

Signature

Date

Receipt No. .... Date .....

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**SRI AUROBINDO ASHRAM - DELHI BRANCH**

**BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN INDIA**

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Sri Aurobindo Ashram-Delhi Branch  
Sri Aurobindo Marg  
New Delhi – 110016  
Email: [contact@aurobindoonline.in](mailto:contact@aurobindoonline.in)

SB-Account No. 90030110002667

**Name of Bank**

UCO Bank  
Hauz Khas  
New Delhi – 110016

Branch Code – 9003  
IFSC Code – UCBA0009003  
MICR Code – 110028006

**IMPORTANT NOTE**

1. If you are making direct deposit in our above bank accounts, kindly send an email positively to [aurocamps@aurobindoonline.in](mailto:aurocamps@aurobindoonline.in) giving us the details of amount.
2. Cash/Cheque No., Amount, Bank, Date of deposit for contribution.
3. This will help us reconcile your amount with our bank account and issuing official receipts if not already issued.
4. Sri Aurobindo Ashram – Delhi Branch is exempt from Income Tax u/s 80 G.