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Website:[www.sriaurobindoashram.net](http://www.sriaurobindoashram.net)

HOLI: 21.03.2019



Tel: 011-26524810 (Delhi)

05942-281215 (Madhuban)

**Summer Camps 2019 at Madhuban**  
TallaRamgarh, dist. Nainital, Uttarakhand(**ROOM /DORM ACCOMMODATION**)

Camp no.	DATES	TOPIC/ Institution	FACILITATORS	LANG.	ROOMS NO. OF PERSONS	DORMS NO.OF PERSON	ORGANISER
M198	08.03.2019 16.03.2019	SPIRITUAL RETREAT	Dr.Saraswati Marcus, <a href="mailto:saraswati@nourishinglife.com">saraswati@nourishinglife.com</a>	Eng.	20		Dr.Saraswati Marcus, <a href="mailto:saraswati@nourishinglife.com">saraswati@nourishinglife.com</a> ,
M199	17.03.2019 28.03.2019	STUDY RETREAT	Prof. V.N. Jha, <a href="mailto:vnjha1946@gmail.com">vnjha1946@gmail.com</a>	Sanskrit	27		Rishi Rina Trust, Pune, Ananth <a href="mailto:ananth.tn2003@gmail.com">ananth.tn2003@gmail.com</a>
XXX	16.03.2019 19.03.2019	OUTDOOR WORKSHOP	M.I.S (BATCH I),Preeti Arora, <a href="mailto:preeti.arora@themis.in">preeti.arora@themis.in</a>			35	Sri Aurobindo Ashram – Delhi Branch; (011) 2652-4810 <a href="mailto:aurocamps@aurobindoonline.in">aurocamps@aurobindoonline.in</a>
XXX	22.03.2019 25.03.2019	OUTDOOR WORKSHOP	M.I.S (BATCH II),Preeti Arora, <a href="mailto:preeti.arora@themis.in">preeti.arora@themis.in</a>			35	Sri Aurobindo Ashram – Delhi Branch; (011) 2652-4810 <a href="mailto:aurocamps@aurobindoonline.in">aurocamps@aurobindoonline.in</a>
XXX	25.03.2019 28.03.2019	OUTDOOR WORKSHOP	M.I.S (BATCH III),Preeti Arora, <a href="mailto:preeti.arora@themis.in">preeti.arora@themis.in</a>			35	Sri Aurobindo Ashram – Delhi Branch; (011) 2652-4810 <a href="mailto:aurocamps@aurobindoonline.in">aurocamps@aurobindoonline.in</a>
M 200	02.04.2019 08.04.2019	SPIRITUAL RETREAT,U.S. A.	Taradidi <a href="mailto:taradidiwork@gmail.com">taradidiwork@gmail.com</a>	English	5		Amit Thakkar, <a href="mailto:amit.thakkar2007@gmail.com">amit.thakkar2007@gmail.com</a>
XXX	16.04.2018 18.04.2018	OUTDOOR WORKSHOP	MATRI KIRAN VIDYALAYA, GURUGRAM			40	Divya Bhalla, <a href="mailto:divyabhalla@vatikagroup.com">divyabhalla@vatikagroup.com</a>
XXX	29.04.2019 01.04.2019	JEEVAN VIDYA	Vinod bhai Mandaviya	Guj.		19 BOOKED	Pratik Thakore, <a href="mailto:pratikthakore@gmail.com">pratikthakore@gmail.com</a>

M 201	30.04.2019 06.05.2019	TAI CHI RETREAT	Sensei. Sandeep Desai	Eng.	16		Pallavi Desai,9987044284, taichiindia@hotmail.com T'ai Chi International Academy, Mumbai ,
M 202	07.05.2019 13.05.2019	STUDY CAMP 3 SRB SYSTEM	Dr. Hari Pamnani dr.haripam@gmail.com 7990846265	Gujrati	40		Dr. Hari Pamnani dr.haripam@gmail.com 02844-222060
xxx	08.05.2019 11.05.2019	TEACHER'S WORKSHOP	Vijay Bharti, <a href="mailto:viaybharti@auroveda.net">viaybharti@auroveda.net</a>	Eng		24	Shikshantar School,gurugram, prem sheela prem.sheela.shk@gmail.com
M 203	14.05.2019 20.05.2019	ARVIND DARSHAN	Dr. Sudhir Pandey	Marathi	30		Sri Krishna Dixit.
M 204	21.05.2019 27.05.2019	KRIYA YOGA RETREAT	Per H. Vibe	Eng	DHARA BOOKED		Vanisha Krishna, 9818321385 <a href="mailto:vanishakrishna29@gmail.com">vanishakrishna29@gmail.com</a>
		FAMILY RETREAT	Rachna Bansal, rachnabansal.unifiers@gmail.com		12 families		Rachna Bansal rachnabansal.unifiers@gmail.com
M 205	28.05.2019 03.06.2019	AYURVEDA RETREAT(C.M.P.)	Dr. Surinder Katoch, 9811199167 <a href="mailto:docskatoch@gmail.com">docskatoch@gmail.com</a>	Eng/hin di	24 BOOKED		Dr. Surinder Katoch, 9811199167 <a href="mailto:docskatoch@gmail.com">docskatoch@gmail.com</a>
xxx	01.06.2019 07.06.2019	CREATIVE WRITING WORKSHOP	Kamala Menon	Eng	6 BOOKED		Sri Aurobindo Ashram – Delhi Branch; (011) 2652-4810 <a href="mailto:aurocamps@aurobindoonline.in">aurocamps@aurobindoonline.in</a>
M 206	04.06.2019 10.06.2019	AYURVEDA RETREAT(C.M.P.)	Dr. Surinder Katoch, 9811199167 <a href="mailto:docskatoch@gmail.com">docskatoch@gmail.com</a>	Hindi	40 BOOKED		Mahesh Lodha, 9432295250 <a href="mailto:Mahesh.lodha@gmail.com">Mahesh.lodha@gmail.com</a>
M 207	11.06.2019 17.06.2019	ONENESS CAMP	Sameer Guglani	Eng	20 BOOKED		Sameer Guglani, <a href="mailto:s@oneness.in">s@oneness.in</a>
xxx	11.06.2019 13.06.2019	SCIENCE WORKSHOP	Kamla Menon Anju Khanna			30 BOOKED	Bhartiya Gyan Vigyan Samiti, Uttarakhand

M 208	18.06.2019 24.06.2019	Discover health& joy within	Acharya Navneet, 8619109040 <a href="mailto:aimseva@gmail.com">aimseva@gmail.com</a>	Eng	open		Bhartiya Vidya Bhavan, New Delhi , Dilip Badkar, <a href="mailto:badkar@gmail.com">badkar@gmail.com</a> Arun Khanna, <a href="mailto:aarunkk7@gmail.com">aarunkk7@gmail.com</a>	
xxx	23.06.2019 06.07.2017	DENTAL CAMP, Dr. Hari Suriya , AUROVILLE DENTAL CENTRE						Hari Suriya



AUTUMN Camps 2019 at Madhuban  
TallaRamgarh, dist. Nainital, Uttarakhand

DUSSHERA: 08/10/2019

DIWALI:27/10/2019

	12.09.2019 19.09.2019	POETRY SAMELLAN	Gyatri Majumdar Sehdev Kumar	Eng	30 Booked		Sehdev Kumar kumarsehdev455@gmail.com
	20.09.2019 28.09.2019	SPIRITUAL RETREAT	Dr.Saraswati Marcus, <a href="mailto:saraswati@nourishinglife.com">saraswati@nourishinglife.com</a> ,		BOOKED		Dr.Saraswati Marcus, <a href="mailto:saraswati@nourishinglife.com">saraswati@nourishinglife.com</a> ,
	30.09.2019 06.10.2019	“Healing Inside & Outside” MEDICAL RETREAT	Marika Hardung, <a href="mailto:marika@hardung-koeln.de">marika@hardung-koeln.de</a>	German	20 BOOKED		Marika Hardung, <a href="mailto:marika@hardung-koeln.de">marika@hardung-koeln.de</a>
	07.10.2019 09.10.2019	Spiritual Retreat	Ahmed Elfouly <a href="mailto:akfouly@hotmail.com">akfouly@hotmail.com</a>	Eng	14 BOOKED		Ahmed Elfouly, <a href="mailto:akfouly@hotmail.com">akfouly@hotmail.com</a>
	09.10.2019 15.10.2019	Spiritual Retreat	Dilip patel,8160969253	Guj	15 BOOKED		Arunbhai mistry

	13.10.2019 23.10.2019	Spiritual Retreat	Ahmed Elfouly akfouly@hotmail.com	Eng	14 BOOKED		Ahmed Elfouly,akfouly@hotmail.com
	24.10.2019 27.10.2019						
	31.10.2019 06.11.2019	SPIRITUAL RETREAT	Kaivalya Smart	Gujrati	BOOKED		Kaivalya Smart,9898021150, <a href="mailto:kaivalyasmart@gmail.com">kaivalyasmart@gmail.com</a>

### THE CAMP SITE:

1. Madhuban is situated at a height of 5000 ft above a picturesque village in the Kumaon range of the Himalayas. Madhuban is the place where the beekeeping association of India took birth more than 50 years ago. The property was offered to the Ashram by a devotee in 2003 and is still in the process of being developed. The entire of valley of TallaRamgarh is a basin of fruit orchards and can best be enjoyed during the fruit season in July and August, which happens also to be the rainy season. Madhuban campsite is situated on a fruit orchard of about 30 acres and is one of the extensions of Sri Aurobindo Ashram – Delhi Branch.

**LODGING:** Twelve double and four single rooms with bath and toilet attached, are available with complete bedding. We also have three 6-bedded dormitories in case of pressure on the camps. The seats will be allotted on a **First come, first served** basis, and people applying late will have to take dormitory accommodation.

### VILLAGE OUTREACH PROGRAMS:

We are also doing a lot of Village Outreach programs, especially in the field of education where we are conducting several camps throughout the year for upgrading the quality of the village school teachers and imparting value education to students.

Several doctors from Delhi and other places are invited at regular intervals to conduct medical camps for several villages around Ramgarh, where we provide free consultation and medicines.

### CAMP ACTIVITIES:

- \* Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother.
- \* Daily Meditation and Yoga, Pranayam and ‘keep-fit’ sessions.
- \* Walks and treks through magnificent mountain forests and enchanting scenic splendour.

**For all bookings and information, please contact the camp organizer of the particular camp only.**

**STAY AT DELHI:** Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch **ONLY THROUGH THE WEBSITE:** [www.sriurobindoashram.net/visitors](http://www.sriurobindoashram.net/visitors)

### IMPORTANT (Please note carefully):

- \* **Please apply only if you are looking for a serious study and spiritual retreat.**
- \* Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.

- \* **People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply.** Any medical expenses will have to be borne by the participants themselves. There are hardly any medical facilities at the TallaRamgarh village.
- \* **Kindly help in circulating this leaflet widely among genuinely interested people.**
- \* **Please note:** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic drinks and drugs is forbidden during the entire period of the camp.

**OTHER CAMPS:** We also have study and youth adventure camps at our Himalayan centre in Nainital (40 km from Madhuban). You may look up for more details on our [website: www.sriaurobindoashram.net](http://www.sriaurobindoashram.net).

**FUTURE BOOKINGS:** We are also offering our space in September, October & November for any camps being organized on Sri Aurobindo's philosophy or any other serious spiritual topics. Please ask for dates very much in advance as we always have a lot of pressure on our limited space.

**HOW TO APPLY**

Please fill in the form below and attach your donation and forward to the Camp convenor at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **Camp number** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start your journey without** receiving a **proper acceptance letter** from us.

**TO WHOM IT MAY CONCERN**

I hereby certify that a sum of Rs..... (Rupees .....)  
 was paid to Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi – 110016 by cash / e-transfer / cheque no. .... Dated  
 ..... on ..... Bank, on account of donation. I further state that I am assessed to income tax and my permanent  
 account no. (PAN) is  
 .....Name.....Address.....  
 ..... PIN .....E-mail Id .....Tel/Mobile .....

Signature

Date  
 Receipt No. .... Date .....

**SRI AUROBINDO ASHRAM - DELHI BRANCH  
 BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN INDIA**

**Sri Aurobindo Ashram-Delhi Branch      SB-Account No. 90030110002667**  
 Sri Aurobindo Marg

New Delhi – 110016

Email: [contact@aurobindoonline.in](mailto:contact@aurobindoonline.in)

## **Name of Bank**

UCO Bank

HauzKhas

New Delhi – 110016

Branch Code –9003

IFSC Code – UCBA0009003

MICR Code – 110028006

## **IMPORTANT NOTE**

1. If you are making direct deposit in our above bank accounts, kindly send an email positively to [aurocamps@aurobindoonline.in](mailto:aurocamps@aurobindoonline.in) giving us the details of amount.
2. Cash/Cheque No., Amount, Bank, Date of deposit for contribution.
3. This will help us reconcile your amount with our bank account and issuing official receipts if not already issued.
4. Sri Aurobindo Ashram – Delhi Branch is exempt from Income Tax u/s 80 G.