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Email:aurocamps@aurobindoonline.in

Website:www.sriurobindoashram.net



Tel: 011-26524810 (Delhi)

05942-281215 (Madhuban)

Summer Camps 2019 at Madhuban
TallaRamgarh, dist. Nainital, Uttarakhand(**ROOM /DORM ACCOMMODATION**)

Camp no.	DATES	TOPIC/ Institution	FACILITATORS	LANG.	NO. OF PERSONS IN ROOMS	ORGANISER
	04.03.2019 07.03.2019					
	08.03.2019 16.03.2019	SPIRITUAL RETREAT	Dr.Saraswati Marcus, saraswati@nourishinglife.com ,			Dr.Saraswati Marcus, saraswati@nourishinglife.com ,
	17.03.2019 28.03.2019	STUDY RETREAT	Prof. V.N. Jha, vnjha1946@gmail.com	Sanskrit	50	Rishi Rina Trust, Pune, Ananth ananth.tn2003@gmail.com
	29.03.2019 01.04.2019	TEACHER'S RETREAT	Dr. Anju Khanna		40 in rooms	Raman Shorawala public school, Mathura
	02.04.2019 08.04.2019	SPIRITUAL RETREAT(U.S.A.)				Amit Thakkar, amit.thakkar2007@gmail.com
	09.04.2019 15.04.2019					
	16.04.2019 22.04.2019					Sri Aurobindo Ashram – Delhi Branch; (011) 2652-4810 aurocamps@aurobindoonline.in
	23.04.2019 29.04.2019					
	30.04.2019 06.05.2019					
	07.05.2019 13.05.2019					
	14.05.2019 20.05.2019	TAI CHI RETREAT			BOOKED	

	21.05.2019 27.05.2019	KRIYA YOGA RETREAT	Per H. Vibe	Eng	BOOKED	Vanisha Krishna, vanishakrishna29@gmail.com
	28.05.2019 03.06.2019	AYURVEDA RETREAT	Dr. Surinder Katoch, 9811199167 docskatoch@gmail.com	Eng/hindi	BOOKED	Sri Aurobindo Ashram – Delhi Branch; (011) 2652-4810 aurocamps@aurobindoonline.in
	04.06.2019 10.06.2019	AYURVEDA RETREAT	Dr. Surinder Katoch, 9811199167 docskatoch@gmail.com Dr. surinder Katoch,		BOOKED	Mahesh Lodha, 9432295250 Mahesh.lodha@gmail.com
	11.06.2019 17.06.2019					
	18.06.2019 24.06.2019	SPIRITUAL RETREAT		Eng	BOOKED	Bhartiya Vidya Bhavan, New Delhi , Dilip Badkar, badkar@gmail.com Arun Khanna, aarunkk7@gmail.com

THE CAMP SITE:

1. Madhuban is situated at a height of 5000 ft above a picturesque village in the Kumaon range of the Himalayas. Madhuban is the place where the beekeeping association of India took birth more than 50 years ago. The property was offered to the Ashram by a devotee in 2003 and is still in the process of being developed. The entire of valley of TallaRamgarh is a basin of fruit orchards and can best be enjoyed during the fruit season in July and August, which happens also to be the rainy season. Madhuban campsite is situated on a fruit orchard of about 30 acres and is one of the extensions of Sri Aurobindo Ashram – Delhi Branch.

LODGING: Twelve double and four single rooms with bath and toilet attached, are available with complete bedding. We also have three 6-bedded dormitories in case of pressure on the camps. The seats will be allotted on a **First come, first served** basis, and people applying late will have to take dormitory accommodation.

VILLAGE OUTREACH PROGRAMS:

We are also doing a lot of Village Outreach programs, especially in the field of education where we are conducting several camps throughout the year for upgrading the quality of the village school teachers and imparting value education to students.

Several doctors from Delhi and other places are invited at regular intervals to conduct medical camps for several villages around Ramgarh, where we provide free consultation and medicines.

CAMPACTIVITIES:

- * Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother.
- * Daily Meditation and Yoga, Pranayam and ‘keep-fit’ sessions.

* Walks and treks through magnificent mountain forests and enchanting scenic splendour.

For all bookings and information, please contact the camp organizer of the particular camp only.

STAY AT DELHI: Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch ONLY THROUGH THE WEBSITE: www.sriurobindoashram.net/visitors

IMPORTANT (Please note carefully):

- * **Please apply only if you are looking for a serious study and spiritual retreat.**
- * Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.
- * **People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply.** Any medical expenses will have to be borne by the participants themselves. There are hardly any medical facilities at the TallaRamgarh village.
- * **Kindly help in circulating this leaflet widely among genuinely interested people.**
- * **Please note:** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic drinks and drugs is forbidden during the entire period of the camp.

OTHER CAMPS: We also have study and youth adventure camps at our Himalayan centre in Nainital (40 km from Madhuban). You may look up for more details on our **website:** www.sriurobindoashram.net.

FUTURE BOOKINGS: We are also offering our space in September, October & November for any camps being organized on Sri Aurobindo's philosophy or any other serious spiritual topics. Please ask for dates very much in advance as we always have a lot of pressure on our limited space.

HOW TO APPLY

Please fill in the form below and attach your donation and forward to the Camp convenor at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **Camp number** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start your journey without** receiving a **proper acceptance letter** from us.

TO WHOM IT MAY CONCERN

I hereby certify that a sum of Rs..... (Rupees)
was paid to Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi – 110016 by cash / e-transfer / cheque no. Dated
..... on Bank, on account of donation. I further state that I am assessed to income tax and my permanent
account no. (PAN) is

.....Name.....Address.....
..... PINE-mail IdTel/Mobile

Signature

Date

Receipt No. Date

SRI AUROBINDO ASHRAM - DELHI BRANCH
BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN INDIA

Sri Aurobindo Ashram-Delhi Branch **SB-Account No. 90030110002667**

Sri Aurobindo Marg

New Delhi – 110016

Email: contact@aurobindoonline.in

Name of Bank

UCO Bank

HauzKhas

New Delhi – 110016

Branch Code –9003

IFSC Code – UCBA0009003

MICR Code – 110028006

IMPORTANT NOTE

1. If you are making direct deposit in our above bank accounts, kindly send an email positively to aurocamps@aurobindoonline.in giving us the details of amount.
2. Cash/Cheque No., Amount, Bank, Date of deposit for contribution.
3. This will help us reconcile your amount with our bank account and issuing official receipts if not already issued.
4. Sri Aurobindo Ashram – Delhi Branch is exempt from Income Tax u/s 80 G.