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Website: www.sriaurobindoashram.net

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HOLI: 8TH MARCH



Phones; Delhi: (011) 2652-4810

Madhuban: 05942-281215

**Sri Aurobindo's 150th Birth Anniversary Celebration
Gyan Yoga Shivar 2023 at Madhuban, Talla Ramgarh**

SHIVIR NO.	DATES	Topic	Facilitator	Language	NO.of persons (rooms)	NO of persons (dorms)	ORGANISER
GYR-	03.03.2023 10.03.2023						
GYR-	11.03.2023 17.03.2023						
GYR-	18.03.2023 24.03.2023						Amit Thakkar, amit.thakkar2007@gmail.com
GYR-	25.03.2023 30.03.2023						
GYR-	31.03.2023 06.04.2023						
GYR-	07.04.2023 13.04.2023						
GYR-	14.04.2023 20.04.2023						
GYR-	21.04.2023 27.04.2023						
GYR-	28.04.2023 04.05.2023						
GYR-	05.05.2023 11.05.2023						
GYR-	12.05.2023 18.05.2023						

GYR-	19.05.2023 25.05.2023						
GYR-	26.05.2023 01.06.2023	" "CHINMAYA MISSION		English	40 BOOKED		Padmini Singh Bisht, 75006440 padmini_bisht@rediffmail.com
GYR-	02.06.2023 08.06.2023	AYURVEDA SHIVIR	Dr. Surinder Katoch, 9811199167 khhcayurveda@gmail.com	Eng./Hindi	35		Dr. Surinder Katoch,/ Dr. Mukta 9811199167 khhcayurveda@gmail.com
GYR-	09.06.2023 15.06.2023	TAI – CHI SHIVIR	Sensei Sandeep Desai		BOOKED		Pallavi Desai, 9987044284, senseidesai@gmail.com
GYR-	16.06.2023 22.06.2023						
GYR-	23.06.2023 29.07.2023						
GYR-	30.06.2023 06.07.2023						

THE SHIVIR SITE:

Madhuban is situated at a height of 5000 ft above a picturesque village in the Kumaon range of the Himalayas. Madhuban is the place where the beekeeping association of India took birth more than 50 years ago. The property was offered to the Ashram by a devotee in 2003 and is still in the process of being developed. The entire of valley of TallaRamgarh is a basin of fruit orchards and can best be enjoyed during the fruit season in July and August, which happens also to be the rainy season. Madhuban campsite is situated on a fruit orchard of about 30 acres and is one of the extensions of Sri Aurobindo Ashram – Delhi Branch.

VILLAGE OUTREACH PROGRAMS:

We are also doing a lot of Village Outreach programs, especially in the field of education where we are conducting several camps throughout the year for upgrading the quality of the village school teachers and imparting value education to students.

Several doctors from Delhi and other places are invited at regular intervals to conduct medical camps for several villages around Ramgarh, where we provide free consultation and medicines.

SHIVIR ACTIVITIES:

- * Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother.
- * Daily Meditation and Yoga, Pranayam and ‘keep-fit’ sessions.
- * Walks and treks through magnificent mountain forests and enchanting scenic **splendor**.

For all bookings and information, please contact the camp organizer of the particular camp only.

STAY AT DELHI: Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch ONLY THROUGH THE WEBSITE: www.sriurobindoashram.net/visitors

IMPORTANT (Please note carefully):

- * **Please apply only if you are looking for a serious study and spiritual shivir.**
- * Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.
- * **People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply.** Any medical expenses will have to be borne by the participants themselves. There are hardly any medical facilities at the Talla Ramgarh village.
- * **Kindly help in circulating this leaflet widely among genuinely interested people.**
- * **Please note:** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic drinks and drugs is forbidden during the entire period of the camp.

OTHER SHIVIRS: We also have study and youth adventure camps at our Himalayan Centre in Nainital (40 km from Madhuban). You may look up for more details on our **website:** www.sriurobindoashram.net.

FUTURE BOOKINGS: We are also offering our space in September, October & November for any camps being organized on Sri Aurobindo's philosophy or any other serious spiritual topics. Please ask for dates very much in advance as we always have a lot of pressure on our limited space.

HOW TO APPLY

Please fill in the form below and attach your donation and forward to the Camp convener at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **SHIVIR NUMBER** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start your journey** without receiving a **proper acceptance letter** from us.

**SRI AUROBINDO ASHRAM DELHI BRANCH TRUST
BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN INDIA**

Sri Aurobindo Ashram Delhi Branch Trust

Sri Aurobindo Marg
New Delhi – 110016

Email: contact@urobindoonline.in

PAN NO. AAATS4031K

Name of Bank

UCO Bank

Sri Aurobindo Ashram Extension Counter
Sri Aurobindo Marg,
New Delhi-110016

SB-Account No. 90030110002667

Branch Code – 9003

IFS Code – UCBA0009003

MICR Code – 110028999

IMPORTANT NOTE

1. If you are making direct deposit in our above bank accounts, kindly send an email to contact@urobindoonline.in and a copy of same to ashram.delhi@gmail.com giving us the details of amount.
2. Please Provide Transition, Cheque No., Amount, Bank, Date of Donation.
3. This will help us Reconcile your donation with our bank account and issuing official

Receipts.

TO WHOM IT MAY CONCERN

I hereby certify that a sum of Rs..... (Rupees) was paid to Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi – 110016 by Cash / Cheque No. Dated on Bank on account of donation. I further state that I am assessed to income tax and my permanent account no. (PAN) isName.....Address..... PIN

E-mail Id

Telephone Nos (Res.)..... (Off.) (Mobile)

Date: _____

Signature

Receipt No. Date

